Centre for Spirituality at Work and St. Andrew's United Church present



Work, Jazz & Spirit: A Conversation about Working SMARTer

with **Dr. Brian Fraser**, Lead Provocateur, Jazzthink, and **The Tom Reynolds Trio**

Can the lessons of Jazz help us bring more spirit and creativity into our work?

The most common form of "jazz" in human experience is conversation – an activity we engage in every hour, every day, at work. It's how we connect, treat each other and exchange ideas. But do we use it to create harmony or discord, collaboration or conflict, win-lose or win-win outcomes? And do we express our "true voices," or hold ourselves back to meet the expectations of others?

Developed by Brian Fraser over the past 10 years, "working SMARTer" is about being more Soulful, Mindful, Astute, Responsible and Trusting at work. It's also listening to the 'spirit within' so that we:

- draw on the best in ourselves
 - cultivate positive relations with others
 - make wiser decisions
 - generate mutual accountability & support, and
 - monitor & measure continuous improvement

to make our work more effective and successful.

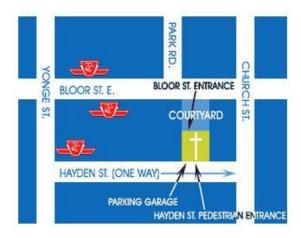
Join us as Brian – and the Tom Reynolds Trio – explore the qualities of a great work place, by listening to a fine jazz trio in action. More than a talk, this workshop will also be a *conversation* about we can bring more spirit, values and connection into whatever kind of work we do.

Please RSVP to info@spiritualityatwork.org

- call **416-233-8665 - or Just Come Out!**

- Date: Sunday, March 3, 2013 -- 2:00 4:00 pm
- Cost: By donation
- Location: St. Andrews United Church 117 Bloor St. East, Toronto (south side, west of Church St.)

Travel: Subway: Yonge and Bloor station (walk east) Driving: FREE underground parking between 52-54 Hayden St. (south of Bloor)



(more info at: www.standrewsunited.com/contact/directions-to-st-andrew-s)

About Our Speaker:

The Rev. Dr. Brian Fraser is an executive coach, facilitator, consultant and speaker for organizations of all kinds – where he uses the lessons of jazz to provoke people to "generate vibes that create value." Based in North Vancouver, his clients have included Toyota Canada, the North Shore Credit Union, Vancity, Service Coordination Incorporated, ICBC, BC Hydro, Fraser Health, Providence Health, BC Conference of the United Church of Canada, the United Churches of Burnaby, various BC government agencies, and several universities and colleges in the Lower Mainland of BC.

Brian has been involved with 'workplace spirituality' for over 20 years. From 1985 - 2001, he was dean of St. Andrew's Hall, the Presbyterian College at the University of British Columbia, and professor of history at Vancouver School of Theology. His research focused on leadership and organizational cultures. He's also been a Director and regular speaker with Vancouver's Workplace Centre for Spiritual and Ethical Development.

A firm believer in continuous learning, Brian maintains an active involvement in the following communities of practice: Canadian Association of Professional Speakers, the Alliance for Nonprofit Management, the West Vancouver Chamber of Commerce, the International Society for Performance Improvement, the International Coach Federation and the British Columbia Organizational Development Network. He teaches coaching at Douglas College in Coquitlam, BC, and also ministers part-time with Brentwood Presbyterian Church in Burnaby, BC.

To learn more about Brian Fraser and Jazzthink, please visit <u>www.jazzthink.com</u>.

About Our Musicians:

The Tom Reynolds Trio features Tom Reynolds on piano, George Koller on bass and Lorne Nehring on drums. Each week, the Trio brings a strong jazz presence to Sunday services at <u>St. Andrew's United Church</u> in Toronto. A gifted jazz pianist and composer, Tom is also a Professor of Theology at Emmanuel College, University of Toronto, and writes extensively on the subject of jazz and spirituality.

To find out more about the Trio, please go to <u>www.myspace.com/thetomreynoldstrio</u> or listen to samples of their CD "Convergence" on <u>iTunes</u>!

Email here to RSVP - call: 416-233-8665 - or Just Come Out

Look forward to seeing you there!

Centre for Spirituality at Work

Programs, coaching and community to support your spirit at work...

Tel: 416-233-8665 www.spiritualityatwork.org Email: info@spiritualityatwork.org