Working with Spirit Teleconference



Showing Up Fully Present:

Integrating Client Needs, Professional Skills and Spiritual Insight

with Virginia Burt,

Award-winning landscape architect & designer and Principal, Visionscapes Landscape Architects

How do we connect our spirituality with what we do, what we know, and what others want & need... so we can be more effective in creating results?

"The old adage that '90% of anything is showing up' holds true in my life...

As a personal step toward that, I work at being fully present whenever I do show up. This includes not being rushed, giving my client my full attention, and doing meditation & spiritual exercises on a consistent basis so I am calm, centered and balanced. I also work to uplift my client each time I see, talk to or email them. This is my personal commitment to being all that I can be as a person, a designer and business owner."

Virginia Burt is passionate about creating meaningful spaces where people, art and nature intersect. She believes that inspired gardens – be they residential, therapeutic healing gardens or special projects in public places – engage the mind, body, spirit and emotions with a deep experience of the natural environment.

Join us as we talk with Virginia about her work: how she became a designer of "healing and spiritual gardens" and how she makes spirit manifest and creates results for her clients by:

- Using a holistic approach to design: physical, mental emotional and spiritual
- Providing meaningful group process to obtain input towards the gardens she creates (including techniques from the world of organizational development)
- Creating a clear intention for each garden and project "Where attention goes, energy flows." - Denise Lim
- Using design elements that reflect this intention and reinforce the mission/values of her clients (e.g. coloured light of the seven chakras, or fire sculpture), and
- Drawing on spiritual guidance & insight, as well as principles of sacred geometry.

We also look forward to *your* questions and stories about how you bring spirit into your work – and create better results with happier clients.

Date: Tues. Nov. 26th - 8:00 – 9:15 pm (Eastern time) (9:00 pm Atlantic, 7:00 Central, 6:00 Mountain, 5:00 pm Pacific) * Calls are also available internationally *

Cost: By donation (click here to Donate and Connect)

About Virginia Burt:

Virginia Burt, RLA, OALA, ASLA is principal of Visionscapes Landscape Architects, Inc. and subsidiary, Virginia Burt Designs, Inc. Prior to starting her own firm in 1996, she worked in landscape architecture firms in Aspen, CO and Toronto, ON, after graduating from the University of Guelph in 1985.

Virginia's gardens have received high acclaim, both nationally and internationally, with awards from the American Society of Landscape Architects, Ohio Chapter ASLA, Landscape Nova Scotia, and Canadian Society of Landscape Architects. Her work has also been published in professional magazines, newspapers and publications including the *Journal of Therapeutic Horticulture*, *Landscape Architecture Magazine*, *Canada's House and Home*, *HealthCare Design* and *Gardening Life*.

Working with clients across North America – from healthcare institutions and government bodies to colleges, private residences and other landscape architectural firms, Virginia's companies provide a full spectrum of services from master planning and house siting to intimate rooftop gardens and detailed design of bulb plantings. Her gardens combine beauty, art, textures, built form, light and colours to create inviting, restful, stimulating environments that engage people of all ages and stages, family, loved ones and friends, caregivers and staff.

Virginia brings unparalleled energy and enthusiasm to each project, capturing the spirit of idea and place. Her inspirations include travel, photography, collaboration with artists, fabricators & nurserymen, hand drawings and the beauty of our natural world. Most importantly, however, she approaches each project with a profound respect for the client and the landscape they hope to create. (To see/learn more about Virginia's beautiful gardens, please go to visionscapes.ca.)

Beyond her professional work, Virginia is a member of the Movement of Spiritual Inner Awareness and an ordained Minister with MSIA Canada. She also has an ongoing commitment to spiritual and professional growth that includes daily meditation, spiritual exercises and reading, as well as peace awareness training, spiritual retreats, and working with a spiritual advisor/coach on a consistent basis.

For more information on this teleconference, call: 416-233-8665

Centre for Spirituality at Work

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