"Working with Spirit" Teleconference



The Challenges - and Giftsof Speaking Up *and* Making a Difference

A Conversation with...

Susan Hastings, M.A. Executive Coach and President, Creative Communications Center

Susan Hastings has pioneered in the field of coaching, communications, transformation and attitudinal change in business for the past 30 years. Join us to hear Susie/Suz (as she likes to be called by friends and associates) talk about:

- how she overcame a deep fear of public speaking
- and went on to become a professional seminar leader, speaker and coach
- the power of believing in your message
- her book, Walking the Spiritual Path with Practical Feet
- the challenges of 'busyness' and how she deals with them in her own life
- the importance and impact of synchronicity
- a desire to 'go deeper' in her own spiritual growth, and
- "what's next," as she enters semi-retirement...

We also want you to bring your own issues, challenges, experiences and questions for "Coach Suz"!

Date: Tues. Oct 29th - 8:00 – 9:15 pm (Eastern time) (9:00 pm Atlantic, 7:00 Central, 6:00 Mountain, 5:00 pm Pacific)

Cost: By donation (click here to Donate and Connect)

About Susan Hastings:

Susie/Suz Hastings has run her own international coaching, training & communications business since 1981. A coach to senior executives (for Tuck Executive Education at Dartmouth College), she has also led corporations and organizations (such as Chrysler, Hewlett Packard, U.S. Army Corps of Engineers and the New York Police Department) in areas such as Team Building, Visionary Planning and Leadership, Customer Relations, Attitude Changes, and Personal & Professional Mastery.

The author of *Walking the Spiritual Path With Practical Feet: Ten Visionaries Who Make a Difference*, an anthology of outstanding people who have made a significant difference in her life, and *The Essentials of Coaching: A Practical Guide to Help Others Create Their Potential*, Susie has a Master's degree in Wholistic Counseling & Communications. She is also a certified RealTime Coach & a member of Coach University; certified Hypnotherapist; certified Intuitive Healing Coach (Stillpoint School of Integrative Life Healing) and Master Teacher of Living Your Purpose - On Purpose; certified DISC Behavior and Values analyst; and certified in Visionary Leadership, Reality Therapy, Neurolinguistic Programming and Effectiveness Training.

A seminar leader for the American Management Association and Canadian Management Association for over 17 years, Ms. Hastings is also the creator of *The Leadership Institute: Turning Leaders Into Visionaries and Managers into Leaders*, a two to four day workshop found to create lasting results.

To read more about her work, please go to <u>www.adifference.com</u>.

For more information: call 416-233-8665

Centre for Spirituality at Work Programs, coaching and community to support your spirit at work...

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